



SAFETY MANAGEMENT COUNCIL

# ROUNDTABLE DISCUSSION

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REGIONAL SAFETY  
MANAGER WALMART  
TRANSPORTATION LLC**

# Program History

- Started September 2013
- Based on the needs of our Drivers:
  - ❖ Health and Wellness
  - ❖ Quick turn around to ensure the driver was not off the road any longer than necessary
  - ❖ Safety Outcomes

# Testing Criteria

- Current CPAP users that have a machine that is 4 years or older that wishes for Walmart to pay for supplies and replacement machine
- Self referrals/Volunteers
- DOT Physician Referrals based on Medical Guideline Criteria

# Triggers That DOT Physicians May Use to Refer for Testing May Include but are not limited to:

- BMI of  $\geq 30$
- Neck Size  $\geq 17$ " (15.5 for women)
- Hypertension
- Evidenced Fatigue such as Snoring, Nighttime Awakenings, Disrupted Sleep, General Fatigue during the day
- Certain Co-morbidities that can include but are not limited to:
  - ❖ History of High Blood Pressure
  - ❖ History of Type II Diabetes
  - ❖ History of Cardiac or Pulmonary Disease

# There are currently 2109 current users which include:

- DOT Referred
- Drivers who have had their current machines for less than 4 years and just need supplies
- Current CPAP Users that have had their machines over 4 years and needed re-testing in order to validate results and needs

# Of the 1520 Drivers that the DOT Dr Referred

- 1198 Tested Positive
- 322 Tested Negative

- ❖ 1520 Tested represents 20% of the Total Fleet
- ❖ 1045 or 13.9% are currently being monitored
- ❖ The Difference between the 1198 and 1045 represent those that have either left the company or found a way to reduce co-morbidities to get off of the machines.
- ❖ The average BMI for current users is 35.3